

The Aging in Place in America Survey

A guide to the social determinants of health (SDOH) investigated in the Aging in Place in America Survey.

SDOH can be broken down into eight categories, each measured by four specific statements self-rated on a 4-point agreement scale.



Difficulty keeping up with home maintenance

Do not have enough space to live comfortably

Do not live in a stable home

Do not live in a safe and comfortable home

Have trouble understanding doctors' advice

Do not regularly monitor health

Difficulty understanding medical information

Difficulty in knowing where to find health information

Skip meals/reduce meal size for budget

Not eating nutritious meals most days

Not able to cook fresh meals most days

Do not have access to nutritious foods

Do not feel belonging in community

Do not feel safe in community

Do not have strong social support network

Lack access to public spaces or events in community

Do not communicate online with my doctor/pharmacy

Struggle to use new technology

Not accessing the internet on my mobile phone

Not managing bills online

Not saving money for the future

Do not have disposable income for non-essentials

Do not pay bills on time (i.e. gas, phone, credit card)

Do not have enough for everyday expenses

Not physically fit and active

Not walking in everyday life

Do not get 15+ mins. of exercise every week

Struggle physically doing household tasks

Lack purpose and directions

Not able to work and earn a living

Not learning and developing skills

Do not make independent decisions