



Plan ahead for emergencies.

You should have reviewed with your training nurse the procedure for discontinuing your dialysis in an emergency. Keep the quick step card near your dialysis machine any time you are on dialysis for quick reference.

- Discuss with your dialysis training nurse, where you would have dialysis in an emergency if you are unable to perform your dialysis at home. Your nurse will provide you with a dialysis center for back up dialysis and a hospital where you could have dialysis in an emergency. In some emergencies it may be necessary to go to the nearest hospital.
- Keep a current list of all your medications
- Keep a month's supply of all your medications on hand
- If you work, keep a supply of all medications at your work place
- Keep a copy of important medical information such as allergies, medical conditions, doctor's name, and phone number. Always carry the emergency number for your nurse on call.
- Obtain and wear a medical ID bracelet or necklace
- Keep a three-day supply of canned or non-perishable food
- Maintain an emergency supply of dialysis supplies at home, based on your facility's instructions
- Notify your dialysis training nurse if there are changes in your contact phone numbers



